NGOs in Malawi: Tentative Itinerary

*Note: All activities and details are tentative at the time of publication and subject to change.

March 2 Friday  Depart Charlotte for Lilongwe, Malawi

March 3 Saturday  Arrive in Lilongwe

March 4 Sunday  Work in a rural village in Ntchisi. Suggested projects based on current needs in the village are hands-on care for babies and children who are HIV positive and/or are HIV orphans, or assisting the local HIV Club at the primary school.

March 5 Monday  Visit primary school in village in Ntchisi; we will present a lesson (pre-prepared prior to departure) for the school children and possibly adults. Possible topics are: HIV awareness and confronting myths about AIDS; watch a movie and discuss; recognizing violence and the cycle of abuse; identifying and describing positive African role models for men/men; world current events, use of technology. In the afternoon, re-orient to Lake Malawi.

March 6 Tuesday  Work at Health, Education, Environment, Economic Development (HEEED), a Malawian NGO. At HEEED, we will learn about the fragile ecosystem surrounding the lake and the importance of it as a natural resource to the neighboring village communities. We will see projects that further environmental education and conservation and how they relate to social issues for the people in the surrounding areas. We will be exposed to different on-going projects, depending on our interests, such as HIV, malaria, and bilharzia (a water-borne parasite) education in a neighboring fishing village, aquaculture (cultivated fish and crops), handicrafts, tree-seedling cultivation, or other timely projects related to social development and the culture of the communities around Lake Malawi. We will work alongside project staff with the HEEED program.

March 7 Wednesday  Work at HEEED, then in afternoon reorient to Liwonde National Park.

March 8 Thursday  Morning cultural immersion activity (safari). Following lunch, reorient to Zomba.
March 9 Friday  Visit the Catholic University of Malawi, a small rural university in Limbe. In the morning we will visit a convent and novicia to see the work the sisters do in their school for the blind, as an example of a religious-based NGO. We will also visit the University, meet with social work students, and observe a class lecture before sharing with them a lesson we have prepared. We will have dinner in the school cafeteria with students, then reorient to Lilongwe.

March 10 Saturday  Cultural immersion activities in Lilongwe in the morning. Depart for Charlotte in the afternoon.

March 11 Sunday  Arrive in CLT